

IT'S THE CAFE TASTERS

THIS WEEK: SEEDS CAFE



ABOVE ... Seeds Cafe at Burniston Methodist Church

IT WAS a stroke of luck that Michael picked up a little leaflet from a local doctor's surgery advertising Seeds Cafe, "Where's that?", I enquired. Surprisingly, it's at Burniston Methodist Church on the High Street, so we must have unwittingly passed by on several occasions, as it's been open just over a year.

Apparently 2009 was a year when Burniston Chapel had two milestones to celebrate. Not only was it 130 years since the chapel was first opened in 1879, but also the celebrations of the opening of a new development. This was to create more space for a growing congregation, and better facilities for services and all the other varied activities.

Easily accessed by bus or private transport along the A171 Scarborough to Whitby Road, a pavement notice is displayed when open on Wednesday, Thursday and Saturday from 10am-3pm.

Being a gloriously sunny Wednesday, we drove to Seeds Cafe and found ample parking space provided.

We were warmly welcomed by the friendly team of voluntary workers, and at 11am had the choice of tables.

The menu consisted of homemade soups with crusty roll £2.20, sandwiches, wraps and toasted sandwiches with a range of fillings from £2, and homemade daily specials from £3 included casseroles, oven-baked meals, pastas and curries.

Jacket potatoes with various fillings from £2 and salads from £3, tasty homemade

cakes and scones £1.

Hot and cold drinks included Fairtrade tea 80p, Fairtrade coffee 90p, cappuccino £1.10 etc, and a selection of fresh juice and soft drinks or mineral water.

Displayed on a small blackboard were the day's specials.

Soup of the day was butternut and carrot soup priced £1.50, the main course was spaghetti and meat balls in tomato sauce £3.50, dessert was marmalade pudding £1.50.

As it was such a hot day, we both felt attracted to a salad. Michael ordered a ham salad and myself a chicken salad, with both accompanied by a fresh, crusty roll and wrapped butter. These were swiftly delivered to our table with wrapped cutlery, and mayonnaise.

Our meals looked attractive and appetising. The salads were crispy, fresh and very varied in colour and texture. Michael's ham was one of the nicest he's tasted and my chicken breast looked all the more appealing being segmented into small portions. The crusty roll and butter was delicious.

Viewing the homemade cakes on display it was difficult to make a choice, but we selected one caramel shortcake and a Bakewell tart priced £1 each. Michael's always had a penchant for caramel shortcake, as it was his aunt's speciality (containing lots of calories, it's maybe as well I no longer have the recipe). He really enjoyed it, although it was a sticky-fingers performance.

I loved the Bakewell tart and it rounded off the meal very nicely. We felt the team were doing a brilliant job and really deserved supporting.

Take away drinks and meals are available too, if you just ring the following number to pre-order: 07929 313302.

Ratings

Quality of food 4.5/5

Value for money 5/5

Service 5/5 - the waitress was very attentive

